Who Can Help Me?

☺ *Try these people first*

✓ *These people may also be helpful*

	General Information	Questions about school rules and regulations	Attendance issues (late/absent from school)	Feeling ill	Worried about family, friends, self	Disagreements/arguments with family	Problem with friend or other student	Other student(s) making you feel uncomfortable (picked on, singled out, or ignored)	Issues involving drugs or alcohol with you or someone you know	Scheduling issues	Homework help	Questions about grades	Having difficulty with academic work	Feeling stressed about schoolwork	College information	Extracurricular activities information	Working papers or jobs
Principal/Assistant Principal	☺	☺	☺			✓	✓	✓	✓	✓		✓					
Classroom (Subject) Teacher	☺	✓	✓	✓	✓	✓	✓	✓	✓		☺	☺	☺	☺		☺	
College Advisor															☺		
Guidance Counselor	☺	✓	☺		☺	☺	☺	☺	☺	☺	✓		✓	☺		☺	
Guidance Secretary	☺	✓	✓							✓	✓					✓	
Nurse				☺					☺					✓			
School Psychologist					☺	☺	☺	☺	☺					☺			
Social Worker					☺	☺	☺	☺	☺					☺			
Youth Development Coordinator					✓	☺		☺	☺								☺